Lesson Objectives

- The children will identify David as someone who served God and Goliath as someone who did not serve God.
- The children will identify ways that God can help them when they are afraid.
- The children will thank God for protecting them.

Lesson Text

1 Samuel 17

Scripture Memory Verse

“The Lord looks at the heart.”

1 Samuel 16:7

Lesson Plan

Greeting and Registration

Preclass Activity: No Fear

Welcome and Singing

Centers:

Bible Story: The Battle

Life Application: God Is Near

Craft: Slingshot

NOTE: Be sure to allow sufficient time for a snack.
David and Goliath

No Fear

The children will make a mural of the things that they fear. They will also make "stones" representing God’s power to help them conquer their fears.

Materials

For each child:
- 1 piece of poster board, 8½" x 11"
- glue stick
- markers
- 1 envelope

For the teacher:
- scissors
- 1 piece of newsprint or banner paper, 5'

Reproducible Pages:
- Page A, 1 copy for each child

Preparation

1. Prepare the materials for the "stones" as follows:
   A. Cut five 4" ovals for each child from poster board.
   B. Cut out the pictures and the scripture text box from the copies of Reproducible Page A.
   C. Place a set of pictures in each envelope.
   D. Make a set of stones following the instructions.

2. To prepare the banner, draw the outline of a person on the newsprint.

Instructions

1. Have the children make stones as follows:
   A. Give each child five poster board stones and an envelope of pictures.
   B. Have the children glue one picture onto each stone.
   C. Have them put their stones back into their envelopes and write their names on the envelopes.
   D. Give the children their scripture text boxes, and have them put these in their envelopes.
   E. Give the children's envelopes to the Craft teacher to use during that center.

2. Have the children make a banner as follows:
   A. Have the children each draw a picture of something they fear. Direct them to draw inside of the “person” drawn on the newsprint.
   B. Give the banner to the Life Application teacher to use during that center.

Teacher Tips

- To draw an outline of a person, ask a friend to lie on the paper, and then trace around the body.
- If the children do not want to draw something they are afraid of, have them draw something that scares someone they know. For example, a child's mother might fear snakes so have the child draw a snake.
David and Goliath

The Battle

The children will hear the story of David who defeated Goliath by relying on God.

Lesson Text
1 Samuel 17

Materials
For the teacher:
• 1 bed sheet
• 1 belt
• 1 helmet
• 1 toy sword

Reproducible Pages:
• Page B, 1 copy for the teacher

Preparation
1. Ask a very tall and strong man to come to your classroom to play the part of Goliath.
2. Give the copy of Reproducible Page B to the person who will be playing the part of Goliath. Have him read through and familiarize himself with the script.
3. Read through the story and be prepared to act out the part of David with the children’s help.

David Beats Goliath

Open your Bible to 1 Samuel 17. Today we’re going to learn about David and Goliath from the Bible. Goliath was a Philistine who didn’t believe in God. He came with his army to fight Israel. Do you remember who the people of Israel were? They were God’s people. They believed in God, but God’s people were afraid of Goliath and his army.

Today we will pretend to be David. David fought against Goliath when everyone else was afraid and he beat him with just a sling and a stone. Let’s pretend that each of you have a sling and a stone, because here comes Goliath! Have the brother playing Goliath enter.

When Goliath talks to us you repeat whatever I say.

GOLIATH: I am Goliath! I am a Philistine and we don’t believe in God! I am big like a giant! I am over nine feet tall! I have come with my army to fight the Israelites, God’s people. Who are you?

TEACHER: I am David. (have the children repeat) I am from Israel, (have the children repeat) And I believe in God. (have the children repeat)

GOLIATH: You are nothing but a child! (deep laugh) You are so small. I am bigger and stronger than you are. And I have a sword. What will you fight me with?

TEACHER: God will fight with me. (have the children repeat) He won’t let you hurt me. (have the children repeat) (Tell the children to take out their imaginary slings and stones.)

GOLIATH: Am I a dog, that you come at me with sticks?!

TEACHER: You come against me with sword and spear. (have the children repeat) But I come against you in the name of the Lord Almighty. (have the children repeat) This day the Lord will hand you over to me. (have the children repeat) The whole world will know that there is a God in Israel. (have the children repeat) (Tell the children to sling their imaginary rocks at Goliath.) (Have Goliath fall to the ground.)

TEACHER: God helped me defeat Goliath with a stone!

Conclusion

Ask the children the following questions to review the story:
• Was Goliath big and scary to the Israelites? (yes)
• Was David scared of Goliath? (no)
• Why wasn’t Goliath scared? (because he knew God was with him)

Teacher Tips

Speak slowly during the dialogue so that the children can repeat what you say.
David and Goliath
David and Goliath

God is Near
The children will act out being afraid and being faithful.

Scripture Memory Verse
“The Lord looks at the heart.”
1 Samuel 16:7

Materials
For the teacher:
• banner from the Preclass Activity
• tape

Preparation
Read through and become familiar with the activity.

Instructions
1. In your Bible story today you learn that God helped David not to be afraid. Sometimes it is very easy to be afraid isn’t it? On this paper you drew pictures of things that make you afraid. Who wants to show me their picture?
2. Choose a child. Have the child show you his drawing and explain why is he afraid of that object or situation.
3. Assure the child that it is normal to have feelings of fear. Yes, thunderstorms can be scary.
4. Have all of the children role play and pretend that they are afraid of that object or situation.
5. Have the child describe how he can be faithful and let God help him. God can protect you in a thunderstorm.
6. Have all of the children role play and pretend that they are now faithful.
7. Make sure all the children have a turn at sharing their pictures and fears. Help them determine ways that God can help them.

Scripture Memory Activity
God loves it when we love him and trust him to take care of us.

Does anyone remember the memory verse?
Have the child whisper the verse in your ear. Then you whisper it in another child’s ear until it each child has heard it.
Have the last child share the verse. If the verse is different, repeat the verse correctly.
You can repeat this activity several times.

Conclusion
Choose a child to pray and thank God for protecting them.
There are many things that we get scared about. Do you think that your friends and neighbors get scared about things, too? (Yes.) Do you think that they know that God protects them and takes care of them? Maybe they don’t. Do you think that you should tell them? (Yes) How do you think that it would make them feel to know God protects them? (safe, happy)

Teacher Tips
It’s fine if the children’s drawings do not look exactly like what they describe.
“The Lord looks at the heart.”

1 Samuel 16:7
David and Goliath

Slingshot
This craft helps the children identify David as the boy who defeated Goliath.

Materials
For each child:
• 1 paper plate
• crayons or markers
• glue stick
• envelopes with the “stones” from the Preclass Activity
For the teacher:
• yarn or string
• construction paper
• assorted fabric scraps
• scissors
• stapler
• hole punch

Preparation
1. Cut four 20” pieces of yarn for each child.
2. Make a “pouch” for each child as follows:
   A. Cut each paper plate in half.
   B. Join the two half plates face-to-face, as shown in Figure A. Staple them together to make the pouch. IMPORTANT: Be sure to staple along the circular part of the plates not across the top.
   C. Punch two holes at the sides of each pouch. See Figure B.
   D. Tie two of the pieces of yarn to the holes in the pouches.
3. Make the “slingshot” for each child as follows:
   A. Cut a 5½” x 3” piece of fabric for each child.
   B. Punch two holes in either end of each piece of fabric.
   C. Tie two pieces of yarn to the holes in the fabric forming the slingshot. See Figure C.
4. Cut the assorted fabric scraps into small shapes to be used as decoration for the finished pouch.
5. Complete the model of the craft following the instructions.

Instructions
1. Give the children each a pouch and their envelopes from the Preclass Activity.
2. Have the children glue the scripture text box to one side of their pouches.
3. Have them glue the small fabric shapes to their pouches as decoration. Be sure they don’t glue the fabric over the verse.
4. Have them color the pictures on their stones, and then have them place the stones inside their pouches.
5. Give the children each a slingshot to put inside their pouches.
6. Have them tie their pouches around their waist.

Conclusion
Was David afraid when he fought against Goliath? Who did David have with him to protect him? That’s right he had God with him. Can someone show me a stone that says God?

Teacher Tips
Make sure to ask questions and not just tell the children. Let the children talk about God and how he can help us conquer our fears. Let them tell stories of how God has helped them not be afraid.

God has given us many things to protect us. Who can show me another stone that has something on it? That’s right, this stone has a picture of a family on it. God gives us families to protect us.

Continue the discussion until you have discussed each of the pictures on the stones.
Figure A

Half plates

Figure B

Holes

Pouch

Figure C

Holes

Yarn

Fabric

Yarn

“Stones”

“Slingshot”

Finished Craft

“God, Long, Friend”

“Stones”

“God, Long, Friend”

Pouch
Lesson Objectives

- The children will identify David as someone who served God and Goliath as someone who did not serve God.
- The children will identify ways that God can help them when they are afraid.
- The children will thank God for protecting them.

Lesson Text
1 Samuel 17

Scripture Memory Verse
“The Lord looks at the heart.” 1 Samuel 16:7

Hills and Valleys
The children will make a large picture of hills and valleys.

Materials
For each child:
- glue stick

For the teacher:
- 1 large piece of poster board
- construction paper, brown and green
- magazines with pictures of people
- marker
- scissors

Preparation
1. Cut out many pictures of people from the magazines. Be sure to cut out one picture of a big man and one picture of a small boy to represent David and Goliath.
2. Draw large mountains on two sides of the poster board, leaving room in the middle for the valley.

Instructions
1. Have the children tear the construction paper into small pieces. Have them make a pile of green paper and a pile of brown paper.
2. Have the children glue the brown paper onto the mountains and the green paper onto the valley.
3. Give the children the pictures of the people. Have them glue half of the pictures on one mountain representing the Israelites. Have them glue the other half of the pictures on the other mountain representing the Philistines.
4. Give the children the pictures of the big man and the small boy. Have a child glue them in the valley between the hills to represent David and Goliath.

Teacher Tips
Be sure to save some of the pictures so that children who arrive later to class can participate.
Be Brave

The children will play a game that encourages them to talk about their fears, and how God can help them to trust and not be afraid.

Materials

For the teacher:

• different objects for game: a plate, a ball, a small toy, a toy snake and a black piece of paper
• a brown paper bag

Preparation

1. Familiarize yourself with the game instructions.
2. Place the objects in a bag.

Instructions

1. Have the children sit in a circle. We are going to play a game called “Be Brave.” In this bag are some things that may be scary. You will need to think of a way that you can be brave.
2. Choose a child to reach into the bag and pull out an object.
3. Identify the object and explain the situation as detailed below:
   • plate—You broke a plate and no one saw it happen. Someone later found it and asked you if you broke it. What would help you to be brave and tell the truth?
   • ball—you accidentally hit someone with a ball and he is angry. What will help you to be brave and say you’re sorry?
   • toy—you took someone’s toy without asking permission. What will help you to be brave and admit that you took the toy?
   • toy snake—you found a snake and you are very scared of snakes. What will help you to be brave and go find a grown up?
   • black piece of paper—it is very dark out and you are afraid of the dark. What will help you to be brave and stay calm so that you can go to sleep?
4. Continue playing until each child has had a turn to “be brave.”

Conclusion

God takes care of us just as he took care of David. David loved God and wanted people to know about God. God helped David to be brave. They were on the same team. God is on your team, too. He knows when you love him and when you do what is right. He will help you to do what is right! God will help you be brave!

Teacher Tips

Feel free to come up with different objects and situations that apply specifically to the children in your class.
Stones Not Armor

This craft will illustrate the difference between the armor that David set aside and the stones that he used to defeat Goliath.

Materials

For each child:
• 1 piece of green construction paper
• 1 piece of blue construction paper
• glue stick
• 5 lentils or other small beans

For the teacher:
• aluminum foil or gray construction paper
• fabric
• marker

Reproducible Pages:
• Page C, 1 copy for the teacher

Preparation

1. Cut out the armor stencil from the copy of Reproducible Page C.
2. Trace and cut out one piece of armor for each child from aluminum foil.
3. Along the top of each piece of green construction paper, write “The Lord looks at the heart.”
4. At the bottom of the green construction paper write, “David chose five stones.”
5. For each child, cut a small rectangular piece of fabric to represent David’s slingshot.
6. Make one finished picture for the children to use as a model.
7. See Finished Craft drawing for concept.

Instructions

1. When David decided to fight Goliath, the king gave David his armor so that he would be safe. David was not used to armor so he didn’t wear it. Show the children your finished picture of the craft.
2. Give the children each a piece of blue construction paper. Have them rip their paper into the shape of a river.
3. Give the children each a piece of green construction paper with the verse written on it. Have the children glue their blue “rivers” onto their green papers.
4. Give the children each a piece of armor, and have them glue their armor next to their rivers.
5. Give the children each five lentils, and have them glue their lentils next to their rivers.
6. Give the children each a piece of fabric, and have them glue their fabric next to their lentils.

Conclusion

Identify and discuss each of the objects in the picture. Explain that David could have used the armor, but instead he decided to trust God and use the small stones and a slingshot.

Choose a child to tell the story of David and Goliath using the picture. Be sure to emphasize the point that God helped David to defeat Goliath.

Teacher Tips

• An alternative to having the children tear the blue construction paper into the shape of a river, is to have them rip the paper into small pieces and then align those pieces into the shape of a river.
• Supervise the children closely so they don’t eat or play with the lentils.
“The Lord looks at the heart.”

“David chose five stones.”

- tin foil armor from Repro Page C
- blue river
- lentils
- fabric

Finished Craft
Faith Your Fears

The children will act out being afraid and being faithful.

Scripture Memory Verse

“The Lord looks at the heart.”
1 Samuel 16:7

Materials

For the teacher:
• index cards
• marker
• tape
• bag or hat

Preparation

1. Prepare a list of objects that many children may fear. For example, things such as thunderstorms, snakes, dogs, etc.
2. Write the name of each object on a card.
3. Prior to class, place the cards in a bag.
4. Read through and become familiar with the activity.

Instructions

1. In the Bible it says that God helped David not to be afraid. Sometimes it is very easy to be afraid isn’t it? In this bag are cards. Written on each card is the name of something we might fear. Remember we might be afraid, but God will show us how to face our fear and he will help us.
2. Choose a child to pick a card from the bag. Read the card for them.
3. Have the child explain why the object is scary. Assure the child that it is normal to have feelings of fear. Yes, thunderstorms can be scary.
4. Have all of the children role play and pretend that they are afraid of that object.
5. Have the child describe how he can be faithful and let God help him. God can protect you in a thunderstorm.
6. Have all of the children role play and pretend that they are now faithful.
7. Make sure all the children have a turn. Help them determine ways that God can help them overcome their fears.

Scripture Memory Activity

God loves it when we have love him and trust him to take care of us. Does anyone remember the memory verse?

Have the child whisper the verse in your ear. Then you whisper it in another child’s ear until it each child had heard it.

Have the last child share the verse. If the verse is different, repeat the verse correctly.

You can repeat this activity several times.

Conclusion

Choose a child to pray and thank God for protecting them.

There are many things that we get scared about. Do you think that your friends and neighbors get scared about things, too? (Yes.) Do you think that they know that God protects them and takes care of them? Maybe they don’t. Do you think that you should tell them? (Yes.) How do you think that it would make them feel to know God protects them? (safe, happy)

Teacher Tips

You might want to draw the object on the card and write out the word.
“The Lord looks at the heart.”

1 Samuel 16:7
The Lord looks at the heart.

1 Samuel 16:7
David Beats Goliath

Open your Bible to 1 Samuel 17. Today we’re going to learn about David and Goliath from the Bible. Goliath was a Philistine who didn’t believe in God. He came with his army to fight Israel. Do you remember who the people of Israel were? They were God’s people. They believed in God, but God’s people were afraid of Goliath and his army.

Today we will pretend to be David. David fought against Goliath when everyone else was afraid and he beat him with just a sling and a stone. Let’s pretend that each of you have a sling and a stone, because here comes Goliath! Have the brother playing Goliath enter.

When Goliath talks to us you repeat whatever I say.

GOLIATH: I am Goliath! I am a Philistine and we don’t believe in God! I am big like a giant! I am over nine feet tall! I have come with my army to fight the Israelites, God’s people. Who are you?

TEACHER: I am David. (have the children repeat) I am from Israel. (have the children repeat) And I believe in God. (have the children repeat)

GOLIATH: You are nothing but a child! (deep laugh) You are so small. I am bigger and stronger than you are. And I have a sword. What will you fight me with?

TEACHER: God will fight with me. (have the children repeat) He won’t let you hurt me. (have the children repeat) (Tell the children to take out their imaginary slings and stones.)

GOLIATH: Am I a dog, that you come at me with sticks?!

TEACHER: You come against me with sword and spear. (have the children repeat) But I come against you in the name of the Lord Almighty. (have the children repeat) This day the Lord will hand you over to me. (have the children repeat) The whole world will know that there is a God in Israel. (have the children repeat) (Tell the children to sling their imaginary rocks at Goliath.) (Have Goliath fall to the ground.)

TEACHER: God helped me defeat Goliath with a stone!